

by allowing viewers to see behind the scenes footage of both the recording and song writing sessions, with lots of never before seen banter and interaction between the band and the audience. The DVD gives fans that weren't there the chance to experience the magic.

EXCLUSIVELY on the DVD will be THE ORIGINAL Little Lizzie Mae as well as COVERS of Velvet Underground's Oh Sweet Nuthin & Fred Neil's Dolphins. The DVD will also include the tracks Aimless Pea****, Good Morning Captain, Appaloosa, and Been a Long Time (Waiting on Love) among others from Before the Frost...Until the Freeze.

Chris Robinson conceived the concept of both Before the Frost...Until the Freeze, and the DVD, Cabin Fever: "I think we fulfilled a musical commitment to continue on the golden road of artistic independence. Approaching 20 years into our careers, we still are ambitious enough to push ourselves to create something unique that we have never done before."

To view the CABIN FEVER DVD TRAILER go to: YouTube - The Black Crowes Cabin Fever DVD Trailer

Here's what the media have said about Before the Frost...Until the Freeze

"Two fine records without a duff track between them" (4 Out Of 4 Stars) Moio

"Honestly it's brilliant..." Classic Rock Magazine

"On this form, the Crowes really should be acknowledged as the best - and most versatile – American band of their generation." London Lite

"This is the one that long time fans have been waiting on, for a long time... their blend of Blues, soul, funk and country comes together magnificently... Twenty years on from their debut, this should put the Black Crowes back on top, where they belong" therocker.co.uk

"The idea is inspired: gather an intimate audience and put them in a barn to watch you record your new material" and adds "...in many ways this is the album the Crowes have been meaning to record for years." (3 1/2 stars) Rolling Stone

"Frost" is prime Crowes, a set of songs about dudes who are buzzed, crooked, and haunted, all delivered with bluesy swagger and infused with psychedelic spirit....aptly utilizes the Crowes' potent live presence. "

The Boston Globe

Song Selection includes:-

Aimless Pea****
Good Morning Captain
Shady Grove
Oh Sweet Nuthin'
Garden Gate
Roll Old Jeremiah
Appaloosa
Little Lizzie Mae (exclusive)
What Is Home
Been A Long Time (Waiting On Love)
Shine Along

Bonus Tracks: Shady Grove Live Dolphins Live

Not only critical acclaim but popular success has seen THE BLACK CROWES sell over 20 million albums worldwide. As they approach their upcoming 20th anniversary of the release of one of rock's most influential records, Shake Your Money Maker, which produced such hits as Jealous Again, She Talks To Angels and Hard to Handle, they are time and again hailed as one of Rock and Roll's

